

SPRIGS

at Jersey Lavender



Breakfasts – Order before 11 am

Sprigs Light English £6.80

Bacon, sausage, free-range egg, thyme-roasted tomato or Heinz beans served with toast & Jersey butter, tea/coffee

Sprigs English £7.95

2 bacon, sausage, black pudding, 2 free-range eggs, Heinz beans, thyme-roasted tomato, mushroom, new potatoes, served with toast & Jersey butter, tea/coffee

Sprigs Vegetarian £7.50

2 free-range eggs, 2 vegetarian sausages, Heinz beans, thyme-roasted tomatoes, mushrooms, new potatoes, toast & Jersey butter, tea/coffee

Scrambled Eggs (free-range) on toast £5.25

- with smoked salmon £7.25

- with bacon £6.00

Breakfast Ciabatta Rolls £3.75

Filled with either bacon OR sausage OR egg

- extra fillings £0.75

Toast - brown/white

Two slices with butter, orange marmalade OR £2.30

strawberry jam OR Jersey Lavender, lemon & lime marmalade

Light bites and Lunches

- Sprigs homemade soup of the day served with bread & Jersey butter £3.75

- Hummus, feta cheese, olives served with warm flatbread & side salad £5.95

- Home-roast ham, egg with fries & salad £7.25

- Quiche of the day with salad & new potatoes or fries £7.85

See our blackboard for our daily Specials

Sandwiches - with crisps & garnish, white/brown bread Or ciabatta (plus £0.50)

With a mug of Soup of the Day add £2.25

- Egg mayonnaise £4.95

- Home-roast ham and lavender jelly £5.60

- Cheddar cheese & pickle £5.50

- Prawns Marie-Rose £6.50

- Tuna, sweetcorn mayonnaise £6.10

- Jersey crab & spring onion £8.95

- Coronation chicken £5.80

- Smoked salmon, cucumber, cream-cheese & chive £6.75

- BLT – Bacon, lettuce & tomato £5.60

Jacket Potatoes - with Jersey butter & salad

- Cheddar cheese £6.75

- Chicken mayonnaise £6.95

- Prawn Marie-Rose £7.95

- Tuna, sweetcorn mayonnaise £7.25

Paninis – on ciabatta bread with salad OR fries £7.25

- Bacon, brie & cranberry
- Goats cheese, roast pepper & pesto
- Home-roast ham, cheese & tomato
- Roast pepper, aubergine, courgette, tomato, red onion & pesto

Salads

- Seafood – with Jersey crab, smoked salmon and prawn Marie-Rose, with new potatoes £11.25
- Vegetarian – goat's cheese, roast pepper, aubergine, courgette, pesto £8.95
- Lavender Picker's - home-roast ham, cheese, olives, mixed pickles, lavender jelly, with bread & Jersey butter £8.95

Sides – a choice of..... £2.50

- Fries, buttered new potatoes, side salad, Heinz Beans

Cakes and Pastries

- Toasted teacake, Jersey butter & jam £2.95
- Cream Tea - Scone (plain, lavender or fruit), Jam or Jersey Black Butter, whipped cream, butter, tea/coffee £5.25
- Lavender shortbread £2.95
- Selection of Jersey ice creams - per scoop £1.60
- Lavender cherry pie £3.95
- with scoop of ice-cream £4.95

Sprigs Afternoon Tea

- A delicious selection of canapés, finger sandwiches and cakes with tea/coffee
- for one £8.95
for two £16.95

See our blackboard or ask the wait staff
for our daily cake selection

Hot Drinks

- Pot of tea
- Breakfast, Earl Grey, Camomile, Green tea £2.10
- Mint, Red Bush (Rooibos)
- Sprigs lavender tea (with honey) £2.30
- Americano £2.20
- Filter coffee - mug £1.95
- Cappuccino £2.40
- Latte £2.50
- Espresso - single/double £1.95/£2.40
- Mocha Latte £2.60
- Hot Chocolate - cream, marshmallows, flake £2.75
- Lavender Hot Chocolate Stirrer £2.75

Cold Drinks

- Sprigs lavender & strawberry lemonade £2.10
- Cans – Coke, Diet Coke, Fanta £1.80
- Water – still or sparkling £1.50
- Apple or Orange Juice £1.95
- J20 Fruit Juice £1.95
- Iced Tea – peach or lemon £1.95
- Jersey Milk £1.20
- Iced Coffee £2.50
- Nu Smoothy carton, 100% fruit £2.70
- Kids' juice cartons £1.25

Wine & Beer

- Wine – Quarter bottles – 18.7cl £2.95
- Red - Merlot
- Rosé - White zinfandel
- Whites - Chardonnay
- Pinot Grigio
- Corona lager (Mexico) – 33cl £2.70
- Peroni Nastro Azzuro lager (Italy) - 33cl £2.95
- Liberation Ale (Jersey) – 50cl £4.00
- Stella Cidre - 56.8cl £4.10