

Toasted teacake & Jersey butter	£1.60
Scone, Jersey butter, Bonne Maman jam	£2.50
Afternoon tea for 2	£16.50
-sandwiches, scones, cakes & a pot of tea	
Sprigs Pig out for 2	£6.95
-warm brownie, ice-cream, chocolate sauce, strawberries, cream, marshmallows & flakes	

Hot Drinks

Pot of tea- per person	£1.50
-breakfast, decaf, Earl Grey	
-green tea, camomile	
Pot of fresh herbal tea	£1.75
-lavender & honey, mint	
Americano	£1.95
Cappuccino	£2.20
Latte	£2.30
Espresso	£1.60
Mocha Latte	£2.40
Hot Chocolate	£2.40
-cream, marshmallows, flake	

Cold Drinks

Sprigs lavender strawberry lemonade	£2.10
Cans	£1.25
Water- still or sparkling	£1.35
Apple or Orange juice	£1.75
Iced tea- peach or lemon	£1.75
Jersey milk	£1.10
Iced coffee	£2.20
Milkshake with ice-cream	£2.40
Kids cartons	85p

Wines, Beers & Ciders also available.
See the Wine board or ask your waitress.



Breakfasts- served 'til 12

Sprigs English	£6.75
Sausage, 2 bacon, 2 eggs, Heinz beans, tomato, mushrooms, hash browns, toast & Jersey butter	
Vegi Brunch	£5.75
Toasted homemade focaccia, fried mushrooms & courgettes, 2 poached eggs & hollandaise sauce.	
American Pancakes (big stack)	
-whipped cream & maple syrup	£5.50
-sausage & 2 bacon, maple syrup	£6.10
-Banana & hot chocolate sauce	£5.75
Crocque Monsieur Baguette	£3.95
Breakfast Portuguese roll	£3.95
Choose 2 fillings: bacon, sausage, egg, cheese	
Sausages, Heinz beans, eggs & chips	£6.10
Creamy scrambled eggs on toast	£3.95
-add 2 bacon or smoked salmon	£4.95

Freshly baked croissants, pastries,
toast & preserves also available.
Ask your waitress or check out the
cake cabinet.

Sandwiches

Choose white, granary or Portuguese roll

Egg mayo & cucumber	£3.85
Cheddar & coleslaw	£3.85
Tuna mayo, corn & red onion	£4.10
Ham, salad & lavender jelly	£4.10
Chicken, avocado & rocket	£4.10
Prawn cocktail	£4.60
Smoked salmon & cream cheese	£4.60
Jersey crab & chive mayo	£5.10
Sprigs toasted triple layer club	£6.10
-chicken salad mayo, bacon & fried egg	

Hot Rolls

Hot fillings in a fresh Portuguese roll

Bacon, Swiss cheese & mushroom
Brie, sunblushed tomato, olives & rocket
Ham, coleslaw & mozzarella
Cajun chicken, avocado & tomato

Paninis

Bacon, Brie & cranberry	£5.10
Feta, red onion, courgette & pesto	
Ham, cheddar & tomato	
Chicken, sunblushed tomato, rocket, mozzarella	

All dishes are cooked & prepared to order.
We use free range eggs, bake our own ham, make
all our cakes, quiche, bread, burgers & soup.

Enjoy your meal.

Lunches

Sprigs salad	£7.45
- chicken, herb marinated feta, avocado, olives, sunblushed tomatos & rocket	
Ploughman's	£7.25
-home baked ham, cheddar, pickled onion, chutney, salad & bread	
Ham, 2 eggs & chips	£7.25
Quiche, salad & coleslaw	£7.25
Scampi, chips & tartare sauce	£7.45
Sprigs Burger, chips & salad	£7.25
-homemade beef burger topped with Swiss cheese & pickled gherkin	
Seafood salad	£8.50
-Jersey crab, smoked salmon, prawns avocado, salad & lemon wedges	
Sprigs soup & homemade bread	£4.60
Sunshine salad	£6.25
-Fruity, nutty, crunchy salad. Vegan.	

Sides

Chips	£1.95
Cheesy chips & garlic mayo	£2.50
Garden salad bowl	£1.75
Homemade bread & Jersey butter	£1.75
Sprigs cheesy garlic bread	£2.50

We have lots of desserts & cakes available.
Take a look at the cake board
or ask your waitress.